



陰陽道

OOM YUNG DOE™

The Grandmaster "Iron" Kim Style

Always Having the Skill and Ability to Demonstrate



Founded in the US 1972. © 1993

One of the many personal achievements of Grandmaster "Iron" Kim is the Kyong Gong Sul Bope (flying side kick). Above is Grandmaster jumping from the top of a building. (The roof is visible in the lower right corner). In 1970, Grandmaster "Iron" Kim demonstrated Kyong Gong Sul Bope by jumping from the equivalent of an 11-story building. In 1972, Grandmaster "Iron" Kim again demonstrated the Kyong Gong Sul Bope movement by jumping from the equivalent of an 8-story building both times landing without injury onto a sloped surface below.

... "It was suggested to me to join the School of Oom Yung Doe. It was the best thing I ever did for my condition."

The Right Choice

After neck surgery my life changed. Nerve damage to both arms and a metal plate from disc C5 to C7 as a fusion made everyday tasks difficult. The range of motion in my arms was 30%, and in my neck about 10%. I was told I would not be able to do something as simple as running a vacuum, no rowing, no back and forth motions, and, if I wanted these daily motions to improve a second surgery was recommended. I passed.

After 4 years of efforts from traction to steroids I was still limited and in severe nerve pain at times. It was suggested to me to join the School of Oom Yung Doe. It was the best thing I ever did for my condition. As many of you, I also questioned how a martial art school could help me. I soon realized my thinking was wrong. As my pain diminished my activity grows. Once again I can do things with ease. I will be forever grateful to the instructors with their patience and knowledge they have helped me with. The benefits gained from the School of Oom Yung Doe can be life changing for you to.



*Eileen W.
Age 58*

精神一到何事不成

Where there is a will, there is a way.

The tiger is symbolic of the physical world and the dragons signify the mental or spiritual world. Together the symbols represent a harmony between both worlds. The Chinese symbol Yin/Yang (Oom/Yung) stands for balance of life.

Top Left Corner