



# 陰陽道

## OOM YUNG DOE™

The GRANDMASTER "IRON" KIM Style  
8 Complete Martial Arts Taught as One  
Always Having the Skill and Ability to Demonstrate



The tiger is symbolic of the physical world and the dragons signify the mental or spiritual world. Together the symbols represent a harmony between both worlds. The Chinese symbol Yin/Yang (Oom/Yung) stands for balance of life.

### International Level Training

One of the many personal achievements of Grandmaster "Iron" Kim is the Kyong Gong Sul Bope (flying side kick). Above is Grandmaster jumping from the top of a building. (The roof is visible in the lower right corner.) In 1970, Grandmaster "Iron" Kim demonstrated Kyong Gong Sul Bope by jumping from the equivalent of an 11-story building. In 1972, Grandmaster "Iron" Kim again demonstrated the Kyong Gong Sul Bope movement by jumping from the equivalent of an 8-story building both times landing without injury onto a sloped surface below.

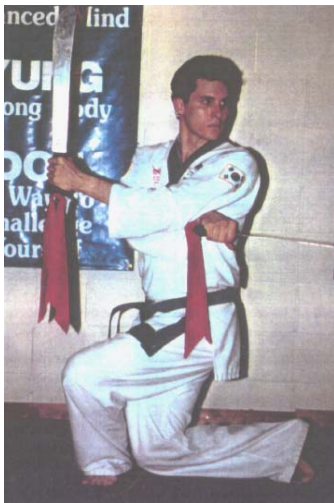
My name is Robert Wysong and I am a twenty-six year old graduate student in physics, and will graduate this summer with my doctorate. What is special about this is I will graduate one year before expected, due to the benefits of my Oom Yung Doe training.

*"I have accomplished as much in the past 8 months since I started my training as I have in the previous three years before I started Oom Yung Doe."*

Working towards my doctorate was very stressful. My health was generally poor, and I was often sick. In order to relax and improve my health, I tried several types of exercise, including weight lifting, but was never satisfied with the results. The exercises I tried were time consuming and often left me with sore joints and little energy. Because of these reasons, and the fact that the exercises were relatively boring, I found it hard to continue on a regular schedule.

Since there was an Oom Yung Doe school close to my university, I decided to stop in for a free demonstration to see if it could help. I was not willing to invest much time, since I was busy with my research, but I needed some form of exercise. I very quickly learned, however, that the more I practiced, the more effectively I could use my time.

The benefits I have gained from Oom Yung Doe training apply to every aspect of my life. The physical benefits of speed, coordination and strength are just part of these. I feel more healthy in general, and in fact, I have not been sick since I began my training. Also, for the first time in my life, my eyesight has actually improved.



Memorizing movements and forms has improved my concentration greatly in a very short period of time. By challenging myself mentally and physically through Oom Yung Doe, I have developed a different outlook and become more creative, able to handle any challenge that comes up in my daily life. The confidence I have gained through training has given me self respect I never had before, and enables me to use my skills and abilities to the maximum benefit.

As such, I have accomplished as much in the past 8 months since I started my training as I have in the previous three years before I started Oom Yung Doe. One of these accomplishments, the development of the fastest magnetic resonance imaging technique in the world, has set me apart from others with similar abilities, and I owe this to the confidence gained through my Oom Yung Doe training.

Considering the cost of tuition for a year and the increase in my salary, I will make more than \$51,000 during the first year that I would not otherwise make if I were still in school. Even if it was not for the monetary gain, Oom Yung Doe would still be the best investment I have ever made in myself. I have gained a quality of life I never knew before, and what is more important than yourself? Even for the short time I have been training, I am realizing the potential of my mind and body, and am truly happier now than I have ever been in my life.

My Oom Yung Doe training has given me the confidence to accomplish all these things, and given me the determination to strive for even more. I cannot properly do justice to what I have gained, nor can I truly show my appreciation to my instructors for their concern that went far beyond teaching movements. It is my hope that others will see for themselves what Oom Yung Doe training can do for them. There is not one person who would not benefit from this as well.